

BITTER

LOGLINE

After marital betrayal and buried memories of childhood sexual abuse unravel the life she has fought to preserve, a New York mother and aspiring writer must confront the men and generational silence that shaped her past, as a reawakened faith gives her the courage to forgive, break the cycle, and transform her pain into purpose.

SYNOPSIS

McKenzie “Mac” Weber has mastered the art of appearing fine. A devoted mother and aspiring author, she has built a seemingly successful life while burying childhood trauma beneath perfectionism, anxiety, faith and silence. When the devastating extent of her husband Clay’s infidelity is exposed, their fractured marriage collapses—and their teenage son, CJ, begins showing the cost of the dysfunction around him.

As McKenzie starts repairing her complicated relationship with her alcoholic father, Stan, a buried memory returns: Stan was not only the father who failed her, but one of the men who sexually abused her. The revelation forces McKenzie to confront a second wound involving her uncle Jimmy and a larger family history of abuse, secrecy and survival. Professional mentor Hunter challenges her to stop writing around the pain and tell the truth, while her reawakened relationship with God gives her the courage to face what happened without allowing it to define her future.

Choosing truth over appearances, McKenzie writes the story her family has spent generations hiding. She forgives without excusing harm, establishes boundaries without surrendering accountability, and refuses to reconcile with Clay simply to restore the image of a family. By breaking the silence for CJ and transforming her journals into METAMORPHOSIS, McKenzie discovers that her deepest pain may become the purpose that helps someone else find freedom.

CORE THEMES

Generational trauma • Motherhood • Betrayal • Forgiveness
Faith • Family secrets • Accountability • Breaking cycles • Purpose

WHY THIS STORY

BITTER asks what one generation must confront so the next does not have to inherit it—and shows how faith can lead a survivor toward truth, boundaries, forgiveness and purpose without denying the harm.



FESTIVAL RECOGNITION

2026 Official Nominee - Best New Faith Based Family Drama Screenplay
Miracle Makers International Film Festival